



# CROYDON SCHOOL OF GYMNASTICS

## Anti-Bullying

Bullying is an anti-social activity, which does not achieve any of the aims of the Club. It undermines the confidence and concentration of the victim and in the worst cases can lead to physical decline and even suicide.

Bullying will not be tolerated or condoned within the Club in any form including: -

- **Emotional:** Being unfriendly, excluding, tormenting, hiding belongings, gestures, sarcasm, name-calling, spreading rumours, ridiculing, racial taunts, graffiti, ignoring.
- **Physical:** Pushing, kicking, hitting, punching, spitting or any use of violence.
- **Sexual:** Unwanted physical contact or sexually offensive comment/suggestions etc.
- **Cyber:** Email, social media, and internet chat room misuse, mobile phone messaging and calls or misuse of technology (i.e., photographs/ video footage).

Croydon School of Gymnastics has an 'open door' policy which means that everyone can see what is going on and anyone can report it to a coach, club official or a welfare officer.

If requested this can be without that person being identified in any further action. So, if necessary, this could be done by letter or email or through the Club's Complaints procedure. Incidents of bullying will be dealt with immediately either by the Lead Class Coach or the Head Coach.

Complaints will be recorded making sure that both sides of the story are listened to, and all involved parents will be informed. Parents and/or gymnasts will be involved in deciding the outcome of the action which should be aiming to change the behaviour of the bully.

Any sanctions or warnings will be appropriate to the child and to the incident and appeals can be submitted for reconsideration.